

6 OCTOBER

1 The following words are from the *“United Nations’ Declaration of the Rights of the Child”*. We can think of our own background, and also that of young people in our country and across the world.

2 Children and young people have the right:

*“- to affection, love and understanding;
- to adequate nutrition and medical care;*

3 *- to free education;
- to full opportunity for play and recreation;*

4 *- to a name and nationality;
- to special care, if handicapped;*

5 *- to be among the first to receive relief
in times of disaster;
- to learn to be a useful member of society
and to develop individual abilities;*

6 *- to be brought up in a spirit of peace
and universal brotherhood.
To enjoy these rights,
regardless of race, colour, sex, religion,
national or social origin.”*

7 *Let us pray:*

**In my own part of the world, Lord,
I pray today and commit myself
to be loving and understanding
in all that I do,
and to be generous
in giving of myself
without expecting anything in return.**

**I pray and commit myself
to have an attitude of respect
for each and every person,
treating everyone
as the equals that they are.**

**All that I am determined to be, Lord,
I ask for the power of your Spirit
to enable me to be.**

Amen.

This is an excerpt from the page of this date in
'Praying Each Day of the Year',
a 3-volume book
by Nicholas Hutchinson, FSC.

For details:

<http://www.matthew-james.co.uk/>

Could make use of a search engine
to research this topic further.

This material is part of
the prayer and education website
of the De La Salle Brothers
in Great Britain:
www.prayingeachday.org