

- 1 Robert Louis Stevenson was born in Edinburgh in November 1850. He is known for having written *'Treasure Island'*, *'Kidnapped'* and *'The Strange Case of Dr Jekyll and Mr Hyde'*.
- 2 We are going to listen to 6 of the 12 points which he called his *"Pattern for Living"*. We'll *pause* for a moment after each one:
- 3 *"Make up your mind to be happy, and learn to find pleasure in simple things..."*
- 4 *"Make the best of your circumstances. No-one has everything, and everyone has something of sorrow intermingled with the gladness of life. The trick is to make the laughter outweigh the tears..."*
- 5 *"Don't take yourself too seriously. Don't think that somehow you should be protected from misfortunes that befall others..."*
- 6 *"You can't please everybody. Don't let criticism worry you..."*
- 7 *"Don't let your neighbour set your standards. Be yourself..."*
- 8 *"Do the things you enjoy doing, but stay out of debt..."*
- 9 *Let us pray:*

**God our Father,  
you are very pleased  
when you see people living fully,  
developing their talents,  
living a balanced life,  
and being of service to others.**

**We ask you to inspire us  
to live as you would have us live  
and walk in your presence.**

**Amen.**

This is an excerpt from the page of this date in  
*'Praying Each Day of the Year'*,  
a 3-volume book  
by Nicholas Hutchinson, FSC.

For details:

<http://www.matthew-james.co.uk/>

Could make use of a search engine  
to research this topic further.

This material is part of  
the prayer and education website  
of the De La Salle Brothers  
in Great Britain:  
[www.prayingeachday.org](http://www.prayingeachday.org)