

- 1 On his Visit to Britain in 1982, Pope John Paul II spoke in Glasgow. The Pope said that Jesus offers a new way of living:
- 2 *“to be gentle, generous, simple, and above all, sincere; to avoid being arrogant, fault-finding, or self-seeking. The disciples of the new Kingdom must seek happiness even amidst poverty, deprivation, tears and oppression. To aim for the Kingdom requires a radical change in outlook, in mentality, in behaviour, in relationships with others.*
- 3 *Jesus offers a new way of life... He has a specific task in life for each and every one of us. Each of us is hand-picked, called by name by Jesus.”*
- 4 *Let us pray:*

**Lord Jesus,**  
 you call us friends  
 and you call each one of us  
 by name.

**May your Holy Spirit**  
 be fully alive in us  
 that we may truly  
 appreciate and love ourselves,  
 and so more readily  
 value and serve others.

**When we experience sorrow**  
 or the loss of someone,  
 give us courage and support  
 that we may better encourage others  
 who share  
 the same kind of experience.

**Lead us to act justly and fairly,**  
 helping people  
 to see the best in one another,  
 so that those who have fallen out  
 may be reconciled and live in peace.

**May we learn always**  
 to be genuine and sincere,  
 avoiding arrogance  
 and doing others down,  
 treating other people  
 as the equals that they are.

**Bless us when times are hard,**  
 and walk with us  
 as the Good Shepherd  
 who leads and protects. Amen.

This is an excerpt from the page of this date in  
*'Praying Each Day of the Year'*,  
a 3-volume book  
by Nicholas Hutchinson, FSC.

For details:

<http://www.matthew-james.co.uk/>

Could make use of a search engine  
to research this topic further.

This material is part of  
the prayer and education website  
of the De La Salle Brothers  
in Great Britain:  
[www.prayingeachday.org](http://www.prayingeachday.org)