

## 26 JANUARY

---

*(See also 25/27 January)*

- 1 Yesterday was the Feast of the Conversion of Saint Paul. We're going to listen to some words that Paul wrote to the Christians living in Rome, and we'll use his words to reflect and pray today:
- 2 *Do not let your love be a sham,  
but be sincere  
in choosing good rather than evil.  
Have warm affection for one another  
as Christian brothers and sisters.*
- 3 *Be committed and enthusiastic  
as you work for the Lord,  
being happy and cheerful  
as you place your trust in him.  
Live in God's presence  
and keep on praying.  
When difficulties arise, be patient.  
Set out to welcome others  
and be generous with those in need.  
Don't curse others; bless them,  
even when they  
have not been good to you.  
Do all you can to live in peace  
with everyone.*
- 4 *Support and encourage others  
by rejoicing with those who are happy,  
and sharing the sadness  
of those who are in sorrow.  
Never look down on another person,  
but always be positive  
in your attitude to others.  
Be as concerned  
for those who can do nothing for you  
in return  
as for those who are very close to you.  
Break the cycle of evil  
- conquer it with goodness.*

*(Romans 12<sup>9-18,21</sup>)*

This is an excerpt from the page of this date in  
*'Praying Each Day of the Year'*  
a 3-volume book  
by Nicholas Hutchinson, FSC.

For details:

<http://www.matthew-james.co.uk/>

Could make use of a search engine  
to research this topic further.

This material is part of  
the prayer and education website  
of the De La Salle Brothers  
in Great Britain:  
[www.prayingeachday.org](http://www.prayingeachday.org)