

- 1 We can think back to the days when we might have read the story of 'Peter Pan' , or have seen a film (or even a pantomime!). In one scene the children have seen Peter fly, and they try to lift themselves into the air, but they can't manage to do what he does. They ask Peter, "How do you do fly?" Peter tells them, "**Think lovely thoughts.**" They do, and then they achieve what they thought was impossible - they fly!
- 2 The story leaves us with the idea that we can do many things if only we "*think lovely thoughts*", if only we "think positively" about things, "filling our minds" with good things.
- 3 In the Bible we find this passage from Saint Paul about filling our minds with good things.

*"I want you to be happy,
always happy in the Lord.
I repeat, what I want is your happiness.
Let your tolerance be evident to everyone:
the Lord is very near.*

*There is no need to worry:
but if there is anything you need,
pray for it,
asking God for it
with prayer and thanksgiving,
and that peace of God,
which is so much greater
than we can understand,
will guard your hearts and your thoughts
in Christ Jesus.*

*Finally, fill your minds
with everything that is true,
everything that is noble,
everything that is good and pure,
everything that we love and honour,
and everything
that can be thought virtuous
or worthy of praise...*

Then the God of peace will be with you."

- 4 *Let's pause for a moment in silent prayer,
asking that our minds be filled with all that
is good...*

 *The scripture is Philippians 4⁴⁻⁹: Jerusalem Bible*

This is an excerpt from the page of this date in
'Praying Each Day of the Year',
a 3-volume book
by Nicholas Hutchinson, FSC.

For details:

<http://www.matthew-james.co.uk/>

Could make use of a search engine
to research this topic further.

This material is part of
the prayer and education website
of the De La Salle Brothers
in Great Britain:

www.prayingeachday.org