

1 In the late 1300s a lady called Juliana, living in Norwich, became seriously ill. As she was recovering, she experienced a number of visions of Jesus. She wrote down for others what she had experienced. For example:

2 *“God showed me a little thing,  
the size of a hazelnut,  
in the palm of my hand...  
I looked at it with my mind’s eye  
and I thought:  
‘What can this be?’  
And an answer came:  
‘It represents all that is made.’*

3 *I marvelled that it could continue to exist  
because I thought  
that it would have crumbled to nothing,  
it was so small.  
And the answer came into my mind:  
‘It exists and always will  
because God loves it.’  
All things have their being  
through the love of God.  
In this little thing I saw three truths:  
the first is that God made it;  
the second is that God loves it;  
the third is that God looks after it.”*

4 Mother Julian of Norwich (as she is generally known) was making the point that God has made all things, that he loves all that he has made, and that in his love he looks after all that he has made.

5 She also wrote that, in God’s love,  
*“all shall be well  
and all manner of thing  
shall be well.”*

6 *Let us pray:*

**God our Father,  
in your love  
you have a special care  
for all that you have made.**

**May we grow in the faith  
that you “enfold us in your love”  
and that everything  
does work out for good  
for those who love you:  
that “all shall be well  
and all manner of thing  
shall be well”. Amen.**

This is an excerpt from the page of this date in  
*'Praying Each Day of the Year'*,  
a 3-volume book  
by Nicholas Hutchinson, FSC.

For details:

<http://www.matthew-james.co.uk/>

Could make use of a search engine  
to research this topic further.

This material is part of  
the prayer and education website  
of the De La Salle Brothers  
in Great Britain:

[www.prayingeachday.org](http://www.prayingeachday.org)